

the ORGANIK

Our Organik Store opened over 22 years ago with our Café opening later in 2010 - We hold a strong belief in getting back to basics - if you eat good, you feel good. You are doing good for the planet: farming our food how nature intended, naturally without the use of harsh chemicals and looking after this incredible place we call home.

We support local growers and small producers, who work so hard to provide us with the most beautiful products and produce which we can then pass on to you, our incredible customers.

We make every effort to minimise our impact - here is a list of just some of the things we do:

- All green waste goes to composting
- Our used coffee grind is used by locals for either growing mushrooms or just spreading on their gardens - let us know if you want some!
- We only use Bio Compostable packaging
- Our eggs are from Kangaroo Island on a beautiful bio-dynamic, organic farm
- We use organic produce wherever possible and spray free where not
- We collect all used bottles which then go to Sea Shepherd to support our marine life
- Our backyard is 100% edible - everything we grow we use in our kitchen, if there are herbs which you need, please take them - just take only what you need so there is enough for others.

To you, our customers, our community - thank you for joining us today and every other day - your support means so much to us.

Remember ...

Eat good, feel good

theorganik.com.au



THE BASICS

ORGANIK HOUSE MADE MUESLI 16
GF/VEGAN AVAILABLE
Toasted rolled oats, almonds, maple syrup, & dried fruit - served with milk & yoghurt

ORGANIC SOURDOUGH TOAST 8
GF/VEGAN AVAILABLE
Sourdough or Fruit Toast served with butter & your choice of jam, peanut butter, honey or vegemite

ACAI BOWL (AH - SAH - EE) 16
VEGAN (GF AVAILABLE)
For a natural pick me up: Frozen Acai blended with banana & coconut water, topped with Organik Muesli, toasted coconut & fresh cut seasonal fruit

ORGANIK EGGS

TELL US HOW YOU WANT THEM GF AVAILABLE 14
Our eggs come from a free range, bio-dynamic farm located on Kangaroo Island, we serve with sourdough & butter. Poached, scrambled, sunny side up or over easy 2 x eggs served with organik Sourdough toast & butter

THE PLUS LIST

YOU CAN ADD WHATEVER YOU LIKE TO ANYTHING YOU WANT - JUST LET US KNOW

Bacon	+4.5
Sautéed Spinach	+4.5
Roasted Tomato	+4.5
Mushrooms	+4.5
Avocado	+4.5
Haloumi	+4.5
Salmon	+4.5
Extra Egg	+3
Organik Chilli Jam	+3
Yoghurt/Coconut Yoghurt	+3
Ice Cream	+3
Organik Kim Chi	+3
Organik tomato sauce or relish	+2
Extra Slice of toast	+2
Rye or Gluten Free bread	+2

A LITTLE MORE...

THE ORGANIK CHAFFLE 22
Think a savoury waffle made with egg and cheese, then we top with a poached egg, smoked salmon, fresh dressed greens & dill crème fraiché

PLANT POWER BOWL VG/GF 18
A plate of plant goodness - marinated silken tofu, brown rice, Organik pickled onion, power greens mix, mushrooms, cauliflower bites & toasted seed topping

FRENCH TOAST V (GF AVAILABLE) 19
Gorgeous buttery Eve's Organic Brioche egg dipped and grilled in cinnamon sugar: topped with special of the day, or you can have it the simple way with maple syrup & ice cream.

ZUCCHINI PALEO GF/VEGAN (Nut warning) 22
Organik zucchini paleo bread topped with two soft poached eggs, cashew labneh, sweet pepper oil & fresh dressed greens

KOREAN OMELETTE (V) 19
Open faced omelette topped with Organik Kim Chi, fermented spicy capsicum sauce, fresh julienned vegetables, & fried shallots

SWEET BEET SALAD VEGAN (GF AVAILABLE) 19
Warm Roasted Beetroot & Sweet Potato served with greens, creamed cashew labneh, candied seeds & sticky balsamic dressing

GOOD GUT BURGER VEGAN (GF AVAILABLE) 21
Cauliflower & quinoa pattie on a ciabatta roll with Organik kim chi sauce, baby spinach, alfalfa, organik pickled onion & a side of sweet potato crisps

Need your meat - swap out the pattie for a chicken tender

V - Vegetarian
VG - Vegan
GF - Gluten Free

Please ensure to let us know of any allergies you may have.

Wifi Password: **OrganikLove**

SUPER FALAFEL GF/VEGAN (Nut warning) 22
These super little falafels are house made with split peas, mint & dill - served with arabic pickles, kale tabbouleh, beetroot hummus & a creamy vegan dressing

CROISSANT
Not just ANY croissant, but the famous Eve's Organic Bakery Croissant -

Jam/Marmalade & butter 9
Cheese & Tomato 10
Cheese, Ham, Tomato & relish 12

FRITATTA 9 solo
14 with salad
Fresh house made Frittata - our flavours change with the seasons & availability - made fresh, have solo or choose your salad

SALAD SERVE 6.9 small
13.9 large

Feel like a big bowl of salady goodness?

Just pick which salads you would like from our front fridge one or all & let us know if you need to add any of our sides to make it your own creation

for the KIDLETS

CHEESE TOASTIE 8
The simple cheese toastie - let us know if your little one wants sauce on the side

MINI FRENCHIE 9
Mini french toast with ice cream & maple syrup

TOASTY TOAST 6
Single slice of buttered sourdough with a choice of organic peanut butter, honey, jam or vegemite

KIDS BIG BREAKY 12
Slice of toast, one egg, slice of bacon, sauce on the side.

COFFEE

Our coffee is 100% organic, our own unique blend, roasted locally - if you love it and want to take it home, you can find it in our store.

Latte, Long Black, Flat White, Cappuccino, Decaf	4.4
Piccolo, Espresso, Macchiato	3.9
Affogato	7
Baby Cino	2.5

Please let us know if you would like a Marshmallow or not (we don't want to upset anybody - Parents or Kidlets)

LIVING LARGE

Iced Coffee or Iced Choc	9
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Served with ice-cream and a whole lotta love!

Chai Latte	5
Chilli Chai Latte	5.2
Turmeric Latte	5
Beetroot Latte	5
Matcha Latte	5
Matcha Cacao Latte	5.5
Mocha	4
Hot Chocolate	4.9
Hot Chocolate Peppermint	5
Hot Chocolate Jaffa	5
Chilli Hot Chocolate	4.9

Iced	+1
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MYLK OPTIONS

Bonsoy	+1.5
Fresh Almond house made fresh each day, cold pressed	+1.5
Pure Harvest Almond	+1.5
Pure Harvest Coco Quench	+1.5
Minor Figures Oat	+1.5
Pure Harvest Rice	+1
Med/Mug	+1
Double Shot	+1

TEA POT FOR ONE

We have a large choice of Planet Organic and Specialty Organic teas for you to choose from, feel free to see what we have on offer.

Fresh Tea - Choose from any of the following or create your own Ginger, Lemon, Mint, Lemon Verbena, Kefir Lime, Holy Basil

Please note fresh teas are always subject to Mother Nature being able to provide within her seasons.

Add honey	+50
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JUICES



FRESH OJ	8.9
MIXED JUICES	9
KIDS SIZE	5

GREEN WITH ENVY

Spinach, kale, cucumber, parsley, celery & apple

DETOX

Beetroot, carrot, celery, lemon, ginger & orange

ZINGER

Orange, carrot & ginger

CLEAN MOJITO

Cucumber, apple, mint & lemon

CITRUS SUMMER

Orange, lemon, ginger & mint

THE CALMER

Celery, apple, carrot & turmeric

MAKE YOUR OWN WITH ANY OF THE FOLLOWING:

Kale	Spinach
Cucumber	Celery
Carrot	Beetroot
Lemon	Orange
Apple	Parsley
Mint	
Pineapple	+80
Ginger	+80
Turmeric	+80

All subject to seasonality & availability.
Please note we pour to size with or without ice -
400ml large & 200ml small total

SMOOTHIES



REGULAR SIZE	10
KIDS SIZE	5.5
MYLK	+2

Fresh Almond (made in house every day)
Almond, Coconut, Zymil, Bonsoy, Minor Figures Oat

YOGI BEAR

Chocolate, peanut butter, raw honey, banana, milk & ice cream

PB & J

Banana, raspberries, peanut butter, maca powder & milk

SUPER SMOOTHIE

Leafy greens, banana, lemon, spirulina, bee pollen, maca, chia & coconut water

WELLNESS WARRIOR

Pineapple, banana, cinnamon, ginger, turmeric, black pepper & coconut water

SUNSHINE SMOOTHIE

Pineapple, mango, yoghurt, chia seeds & coconut water

ESPRESSO TO GO

Espresso shot, banana, dates, cinnamon, chia seeds & milk

BERRY CHOC CREAM

Mixed berries, milk, cacao, banana & raw honey

GLOW GETTER

Collagen, raspberry, blueberries, LSA & coconut water

ADD SOME BITS? WHY NOT... +.80 extra each

Spirulina
Peanut Butter
Maca Powder
Protein Powder
Chia Seeds
Espresso Shot
Cacao
Yoghurt
Coconut Yoghurt
Collagen
LSA

the
ORGANIK
fresh

FANCY A GROWN UP DRINK?

ANGOVE ORGANIC PICCOLO 8
Sav Blanc, Sparkling & Shiraz Cabernet available

STONES GINGER JOE 8
Alcoholic Ginger Beer

BEER - price varies to selection

GIN & JUICE

Want to add a little punch to that juice?

Add a nip of Ginny Pig Botanical Gin to your chosen juice @ \$4 a 30ml nip

SOMETHING SWEET?

Check out our selection sweets in our front fridge, including options of raw, vegan & gluten free offerings.

BRING YOUR OWN TAKE AWAY CUP & SAVE .50¢ -
WE THINK IT'S ONLY RIGHT TO REWARD YOU
FOR DOING THE RIGHT THING!

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