

the ORGANIK

Welcome to The Organik, we opened as a simple grocery store in 1999 and have grown over the years to what you see today - The Organik: Cafe, Store, Living.

Our garden is 100% edible, kid and dog friendly and provides an abundance of fresh herbs, fruit and flowers to our kitchen and the community - so take a little of what you need to leave enough for others.

Our ethos is "Eat Good - Feel Good", we like to keep things simple, the way nature intended - minimising our footprint on this beautiful earth

We support small growers, local producers, local artisans and the community as a whole.

Staying true to our ethos - some of the things we do in the background -

- + All green waste is composted
- + Used coffee grinds are available for all
- + Only using bio compostable packaging and minimising packaging where possible
- + Using organic or spray free produce within the cafe wherever possible
- + Making as much as we can on site, from scratch, so we know exactly what goes into what goes on your plate.
- + All used bottles go to Sea Shepherd to support marine life
- + Our backyard is 100% edible - and please take a little of whatever you need, but only a little so everyone can enjoy it.
- + Always searching for new products and always providing the freshest produce available to enable you to eat well and feel good.

To you, our amazing customers, each and every time you walk through our door, our small business with a big heart recognises your support and for that we thank you x

With love from the entire Organik Team

Eat good, feel good

theorganik.com.au



BREKKIE, BRUNCH AND LUNCH

ORGANIK HOUSE MADE MUESLI VG 18

A blend of toasted rice flakes, puffed rice, puffed buckwheat, almonds, hazelnut, pecan, sunflower, roasted pepitas, toasted coconut, raisins, cranberries & a pinch of cinnamon - served with your choice of milk & topped with seasonal fruit.

ORGANIK BREKKIE TOAST OR CRUMPETS 9

GF/VG AVAILABLE

Your choice of organic sourdough, dark rye, turkish or sourdough crumpets - includes one side of peanut butter, vegemite, house made jam or honey with butter or nuttelex.

Add an extra condiment +1.5

GF +2

FRUIT TOAST 9.5

House sourdough fruit toast, served with honeycomb butter and your choice of jam or honey.

BANANA BREAD 9.5

Gluten free house made banana bread, served warm with butter.

LOADED - we add honeycomb, 13.5

fresh sliced fruit, loaded up!

ORGANIC CROISSANTS

Who doesn't love a gorgeous, buttery croissant! Tell us how you want it.

Butter & Jam 9

Ham & Cheese 10

Cheese & Tomato 10

Cheese, Ham & Tomato 12

ACAI BOWL (PRONOUNCED AH - SAH - EE) 18

GF/VG

A natural pick me up, frozen acai blended with banana & coconut water, topped with seasonal fruit & our house made muesli with a sprinkling of toasted coconut.

V - Vegetarian | VG - Vegan | GF - Gluten Free

NF - Nut Free | DF - Dairy Free

Please ensure to let us know of any allergies you may have, this is important for us to keep you safe.

Public Holidays incur a 20% surcharge.

Card surcharge is applied to all cards used - cash ensures no surcharge and is preferred.

START WITH THE EGGS GF AVAILABLE

2 eggs how you like it, poached, sunny side up 14

or over easy, served on sourdough - add your options.

Scrambled - we add another egg, no fillers, 16

just good eggs on sourdough - add your options.

SIDES

Smoked Bacon +7

Smoked Salmon +7

Ham +7

Marinated Chicken Thigh +7

Falafel (3) +6

Mushrooms - Roasted in rosemary and Olive Oil +5

Tomato - Blistered Cherry Tomatoes +6

Avocado - Fresh Sliced +6

Haloumi +6

Extra Egg +3

Sautéed Spinach +4.5

Yoghurt/Coconut Yoghurt +4

Extra Toast +2

Dark Organic Rye +3

Turkish Toast +2

Crumpet (switch from toast = 2) +4

Crumpet (add an extra one) +3

Gluten Free +2

Fermented Chilli - House Made +3.5

Relish - House Made +3.5

Tomato Sauce - House Made +3.5

Chilli Jam +3.5

Jam +3.5

Honey +2

Ice Cream (1 scoop) +3

BREAKFAST OMELETTE GF AVAILABLE 26

A 3-egg omelette, topped with blistered cherry truss tomato's, grilled bacon, house made chilli jam, toasted dark rye & finished with grated parmesan cheese.

Add mushrooms +5

CHILLI & CAULIFLOWER TACO VG/GF/NF 24

A tasty cauliflower mix served in mini tacos (4 per serve) with pickled onion salsa, fermented chilli & coconut yoghurt cream - finished with fresh coriander & lime.

Add Fried Egg +3

Add Avocado +6

TURKISH EGGS V/NF (GF AVAILABLE) 26

2 x soft poached eggs nestled atop creamy garlic & lemon yoghurt with cherry truss tomatoes, smoked chilli oil, fresh lemon & Turkish toast.

Add Smoked Salmon +7

AVO LOVE VG (GF AVAILABLE) 24

Turmeric sourdough topped with Organik smashed avo, house made pistachio dukkah, fresh rocket salad with house made pickled red onion, finished with orange balsamic glaze, fresh strawberry & a wedge of lemon.

Add Haloumi +6

BURGERS GF AVAILABLE

All served with baked rosemary & thyme potato batons.

VEGO 25

A healthy cauliflower and quinoa pattie on a ciabatta roll with fresh baby spinach, sliced cucumber, sliced tomato, pickled onion, beetroot hummus & fresh coriander.

CHICKEN 26

Marinated chicken thigh on a ciabatta roll with fresh baby spinach, sliced cucumber, sliced tomato, pickled onion & Kewpie mayo.

CLASSIC BLT 24

Bacon, fresh lettuce, sliced tomato, organik relish & Kewpie mayo on a ciabatta roll.

GNOCCHI GF/V/NF 26

Gluten free gnocchi, pan fried with pepperoncini butter, served on whipped goats cheese with lemon thyme, sautéed zucchini and finished with a parmesan & garlic crumble.

Add Spinach +4.5

SESAME SWEET POTATO BOWL GF/NF/VG 24

Sweet soy, chilli, garlic & sesame glazed sweet potato served with fresh cut green cabbage & coriander salad finished with pickled chilli, fried shallots & roasted sesame seed.

Add a poached egg +3

SALMON BOWL GF/NF (VG AVAILABLE) 24

A healthy bowl with beetroot hummus, sliced smoked salmon, herbed potato, pickled red cabbage with a side serve of rocket, cucumber, mint & dill salad, crumbled goat's cheese & finished with beetroot powder.

Replace with Falafel & Coconut yoghurt for vegan dish.

PANCAKES GF

AMERICANO STYLE 25

Maple syrup & bacon

CITRUS ZEST 24

Ice cream, maple syrup & citrus sugar with fresh berries

WEEKLY SPECIALS & FRONT FRIDGE

Check out our weekly specials and front fridge for more tasty meal options, salads and sweets.



DRINKS



COFFEE

Espresso	4
Macchiato (Short or Long),	4.3
Piccolo	4.5
Flat White, Latte, Cappuccino, Long Black	5
Mocha	5.8
Dirty Chai Latte	6.5
Iced Latte, Iced Long Black	5.5

NOT COFFEE

Hot Chocolate	5
Chilli, Peppermint or Jaffa Hot Chocolate	5.5
Hot Cacao	5.5
Chai Latte	5.5
Turmeric Latte	5.5
Matcha Latte	5.5
Matcha Cacao Latte	5.8

MAKE IT MINE

Mug/Regular	1
Extra Shot	1
Organic Decaf	.50
Ice	.50
Honey	.50
Syrup - Vanilla, Hazelnut, Caramel	1

MYLK OPTIONS

Full Cream	
Skinny	
Bonsoy	+1.2
Fresh Almond - Organik House Made	+1.5
Pure Harvest Organic Almond	+1.2
Pure Harvest Organic Coconut Mylk	+1.2
Minor Figures Organic Oat	+1.5

LIVING LARGE

Iced Coffee, Iced Chocolate (comes with ice cream)	9.5
Iced Mocha (comes with ice cream)	9.8
Milkshake - Vanilla/Chocolate/Caramel/Hazelnut	9
Affogato	8.5

TEA

Tea Plunger for One	5.5
Leaf Tea - Choose from Organic English Breakfast, Earl Gray, Peppermint, Chamomile, Green or select from our Planet Organic Range for something different.	
Chai - Organic, sticky, loose leaf chai	6
Fresh Tea	6
Choose from any of the following or create your own Ginger, Lemon, Mint, Lemon Verbena, Kefir Lime, Holy Basil	
Please note fresh teas are always subject to Mother Nature being able to provide within her seasons.	

BRING YOUR OWN CLEAN KEEP CUP AND SAVE .50C

WE THINK IT'S ONLY RIGHT TO REWARD YOU FOR HELPING OUR PLANET AND SAVING ON WASTE.

JUICES

FRESH OJ	9.5
MIXED JUICES	10.5

GREEN WITH ENVY

Fresh greens, cucumber, parsley, celery & apple

DETOX

Beetroot, carrot, celery, lemon, ginger & orange

ZINGER

Orange, carrot & ginger

CLEAN MOJITO

Cucumber, apple, mint & lemon

CITRUS SUMMER

Orange, lemon, ginger & mint

MAKE YOUR OWN WITH ANY OF THE FOLLOWING:

Kale	Spinach
Cucumber	Celery
Carrot	Beetroot
Lemon	Orange
Apple	Parsley
Mint	
Pineapple	+ .80
Ginger	+ .80
Turmeric	+ .80

All subject to seasonality & availability.
Please note we pour to size with or without ice - 400ml total

SMOOTHIES

ONE SIZE	12
ALTERNATIVE MYLK	+1.5

CHOC MINT

Organic chocolate blended with banana, peppermint & milk

PB & J

Banana, raspberries, peanut butter & milk

SUPER SMOOTHIE vg

Leafy greens, banana, lemon, spirulina, maca, chia & coconut water

BIG KAHUNA

LSA, banana, honey, milk & organic dates

SUNSHINE SMOOTHIE

Pineapple, mango, yoghurt, chia seeds & coconut water

ESPRESSO TO GO

Espresso shot, banana, dates, cinnamon, chia seeds & milk

BERRY CHOC CREAM

Mixed berries, milk, cacao, banana & raw honey

AMAZON vg

Acai, banana, raspberry & coconut water

RASPBERRY COOLER vg

Raspberries, mango, fresh lemon & coconut water

ADD SOME BITS? WHY NOT... + \$1 extra each

Spirulina | Peanut Butter | Protein Powder | Chia Seeds | Maca
Ashwagandha | Espresso Shot | Cacao | Yoghurt | Coconut Yoghurt | LSA

FANCY A GROWN UP DRINK?

Check out our range of alcoholic beverages

RED, WHITE AND SPARKLY PICCOLO'S \$9.9

GIN & JUICE

Add a 30ml nip of Gin to your juice +\$6

SOMETHING SWEET?

Check out our selection of sweets in our front fridge, including options of raw, vegan & gluten free offerings.

for the KIDS

This is for the little ones, the ones still at school, the ones who cant drive, the ones who don't have a job.

BABY CINO	3
with or without marshmallow, choc on top	
KIDS PANCAKE	14
1 x pancake with maple syrup & ice cream	
KIDS EGG & BACON	15
1 x egg, 1 x bacon with toast and tomato sauce	
KIDS CRUMPET	7
1 x crumpet with butter & peanut paste or jam or vegemite	
KIDS MILKSHAKE	7
Vanilla or Chocolate	
KIDS JUICE	6
Cold Pressed Apple or Orange	



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